

PMY Paonta Sahib APMC Latest Prices PDF

Sirmore, Himachal Pradesh

MARKET NAME	AVAILABLE DATE	LAST UPDATED
PMY Paonta Sahib	7 July 2026	7 July 2026, 08:21 PM

Current Mandi Prices

The latest commodity prices reported in PMY Paonta Sahib APMC are listed below, including variety, grade, minimum, maximum and modal rates.

Commodity	Variety	Grade	Min Price	Max Price	Modal Price	Date
Banana	Medium	Grade A	₹5,000	₹7,000	₹6,000	7 July 2026
Bhindi(Ladies Finger)	Bhindi	FAQ	₹1,500	₹2,000	₹1,800	7 July 2026
Bitter gourd	Bitter Gourd	FAQ	₹1,800	₹2,200	₹2,000	7 July 2026
Bottle gourd	Other	FAQ	₹1,500	₹1,800	₹1,600	7 July 2026
Brinjal	Other	FAQ	₹1,500	₹2,000	₹1,800	7 July 2026
Cabbage	Other	FAQ	₹1,000	₹1,200	₹1,100	7 July 2026
Cauliflower	Cauliflower	FAQ	₹4,000	₹8,000	₹6,000	7 July 2026
Colacasia	Other	FAQ	₹3,000	₹3,500	₹3,200	7 July 2026
Coriander(Leaves)	Other	FAQ	₹12,000	₹15,000	₹13,000	7 July 2026
Cucumbar(Kheera)	Cucumbar	FAQ	₹1,500	₹2,000	₹1,800	7 July 2026
French Beans(Frasbean)	Other	FAQ	₹5,000	₹6,000	₹5,500	7 July 2026
Garlic	Desi	FAQ	₹10,000	₹12,000	₹11,000	7 July 2026
Green Chilli	Green Chilly	Grade A	₹3,500	₹4,000	₹3,800	7 July 2026
Lemon	Other	FAQ	₹7,000	₹8,000	₹7,500	7 July 2026
Mango	Dusheri	Grade A	₹3,000	₹4,000	₹3,500	7 July 2026

Commodity	Variety	Grade	Min Price	Max Price	Modal Price	Date
Mango	Safeda	Grade A	₹10,000	₹12,000	₹11,000	7 July 2026
Onion	Nasik	FAQ	₹2,800	₹3,000	₹2,900	7 July 2026
Papaya	Other	Grade A	₹4,000	₹5,000	₹4,500	7 July 2026
Potato	Other	FAQ	₹900	₹1,100	₹1,000	7 July 2026
Potato	Local	FAQ	₹2,200	₹2,600	₹2,400	7 July 2026
Pumpkin	Other	FAQ	₹1,000	₹1,500	₹1,200	7 July 2026
Sponge gourd	Other	FAQ	₹3,000	₹3,500	₹3,200	7 July 2026
Tomato	Local	FAQ	₹3,500	₹4,000	₹3,800	7 July 2026

Check latest PMY Paonta Sahib mandi daily updated prices here:

<https://mandipulse.com/mandi/himachal-pradesh-sirmore-pmy-paonta-sahib>